

TALES 'N TRAILS

Notes from the Manure pile – Fall 2016

As another season winds down time is here to reflect. We had a low number of rides this year for a number of reasons. I think folks need to commit to ride managers early so the managers can plan their ride with confidence. Our sport cannot continue without ride managers putting on rides, volunteers helping out and land owners allowing us to continue to ride. Support your rides.

Personally, I think the year will be marked with the passing of both Jean & Elliot, people I was proud to call friends for number of years. From our first trip to Maine with them in early 90's to the last ride I saw them at, they were always great supporters of the sport, and also proud ambassadors for us. They brought many people into the sport and helped many more achieve their goals in the sport. ACTRA will not be the same for some of us for a while.

I sincerely hope the membership will make an effort to attend the memorial ride planned next summer, whether riding or not, to honor the memory of this couple. To Ann, my heart is filled with love and tears. It is of some comfort to know they continue on together.

As always, I can be reached or contacted anytime with any suggestions, comments or complaints.

Happy Trails

Roy

Chair@atlanticriders.ca



2016 April 3, Spring General Meeting Minutes, Oxford Lions Club, NS

Meeting called to order at 1300 by Roy Drinnan

Fall 2015 minutes read by DL Cole

- Amendment – Pat Rideout - That a survey was to be done in reference to IDR speed to be at 4 or 5MPH

- Motion to Approve made by Susan Hovey, seconded by Pat. Carried.

Reports:

- Treasurer report offered by Pam Rustige

- Balance for 2015 was \$8696
- \$1870 was from membership fees
- \$625 was from Mount registrations
- \$571 was from fund raising
- Please refer to provided financial sheet

- Statistician Report not offered by Jennifer McDonald

- Discussion regarding members having permanent ACTRA numbers

- Sanctioning Report offered by Donna Munn

- There are currently 565 available miles for 2016 season
- Sept 24/25 CTR/IDR hosted by Susan Hovey

- P&R Report offered by Rene Mersereau

- Working on getting a good quality ACTRA Logo

- Rules Report not offered by Susan Hovey

- Newsletter Report offered by Carrilee Eddy

- One newsletter, one e-bulletin
- In the future there will be an email notification sent out and a link to the current newsletter will be attached

- VP Report offered by Bev Elliott

- Bev had worked on producing a current easy to read Rule Book.
- Copies supplied
- Members are to review the available rulebook on the web site and to bring any proposed changes or questions to the fall AGM

-All reports were accepted as presented

Old Business:

- Bev has developed a new survey for members post an ACTRA ride

- Roy will add it to the ACTRA website

- Donna Munn will include the survey in the sanction kits

- Suggestion that riders complete the survey prior to receiving the score sheets

- Motion RE PSO in the three provinces

- We are unable to join Island Horse Council
- The 2015 Motion is to be amended to remove the Island Horse council wording.

- Discussion about adding the ACTRA waiver to the bottom of the membership form and it is to be signed yearly.

New Business

- Rules Revision and Reformatting

- There will also be a Ride Managers handbook in the future

- Riding for Miles Only

- Started with Novice Division
- Was intended for members with more than 250 miles

- Donna Munn made a motion that "JP HR and RR have parameters of 60/40 for the half way" Seconded by Pat, carried
- Ride Manager Incentive for 2016 season will be continued at \$200 for CTR/IDR or ENDR/LD held on the same day.
- Facebook: Please be respectful in the comments section. The moderators have the ability to remove posts that are not appropriate.
- 2016 AGM. Pat Rideout has agreed to organize the AGM.

Meeting adjourned at 14:25

Minutes submitted April 18/16

Donna Lee Cole



AGM Items on the agenda so far: (for November 19, 2016)

- Old Business
- Endurance Rules
- New rule book
- New Business
- January Thaw
- Donation to Charity of choice for Jean & Elliot \$300 to Christmas Mommies
- Financial support of Memorial Ride for Jean & Elliot by Carolyn Wannamaker & crew
- Nominating Committee
- New membership kits
- BC Points for Year End Awards



Lyme Vaccine in Horses

We have at our disposal vaccines designed specifically for horses to help prevent a number of common ailments, from West Nile virus to Eastern equine encephalitis to strangles and influenza. But one equine vaccine that remains elusive is that against Lyme disease – an increasingly diagnosed disease transmitted to horses by the Ixodes species of ticks.

There is, however, a canine vaccine that many veterinarians use off-label for horses in Lyme-endemic areas. But to date, there have been no studies evaluating this product's impact on horses' humoral (blood) immune responses. So Kathryn Slaughter, a veterinary student at Western University of Health Sciences, in Pomona, California, and colleagues recently evaluated how 42 healthy horses' bodies reacted after being vaccinated with the canine product.

Lyme disease is caused by the bacteria *Borrelia burgdorferi*. Horses, like humans and dogs, are incidental dead-end hosts. *B. burgdorferi* transmission from tick to horse takes 24 to 48 hours, meaning a tick must be engorged in a horse for that time period in order to pass along the bacteria – a fleeting bite won't do it. Clinical signs generally appear two to five months or more following disease transmission.

Clinical signs of Lyme disease are nonspecific in horses and include chronic weight loss, low-grade fever, sporadic or shifting leg lameness, muscle tenderness, and arthritis. Some horses also develop poor performance, high sensitivity to being touched, behavioural changes, or neurologic signs.

The diagnosis of exposure to *Borrelia* can be determined by blood tests. An in house laboratory snap test has a good correlation to infection and not vaccination.

Based on their results, the team concluded that vaccine administration followed three weeks later by a booster affords the most effective protection against Lyme disease, and the OspA antibody titer levels measured suggest that vaccination can provide protection for about six months. "This data may aid in strategic vaccination protocols and the development of a USDA-approved vaccine for horses in the prevention of Lyme disease using the OspA vaccine," Slaughter concluded.

Excerpt from "Does a Canine Lyme Vaccine Elicit a Response in Horses?" by Erica Larson, News Editor, [thehorse.com](http://www.thehorse.com) <http://www.thehorse.com/articles/36637/does-a-canine-lyme-vaccine-elicite-a-response-in-horses> for full article

Helpful Tips for Managing the Senior Horse with Heaves

Respiratory conditions aren't unique to senior horses, but many aging horses seem to suffer from such ailments. One of the most common respiratory diseases found in aging horses is heaves (recurrent airway obstruction or RAO).

Signs that an older horse might be developing or afflicted with heaves include increased coughing and respiratory effort, nasal discharge without a fever, an obvious abdominal lift at the end of exhalation, a "heave line" (a line running diagonally from the point of the hip forward to the lower edge of the ribs in the external abdominal oblique muscle caused by the persistently increased respiratory effort); and weight loss (due to the difficulty of eating while trying to breathe). There's no cure for heaves, so said treatment centers on decreasing inflammation and bronchoconstriction (tightening of the airways). Some suggestions for senior horse owners include:

- * Reducing environmental allergens, such as dust;
- * Providing 24-hour turnout;
- * Eliminating hay – which can contain dust – from the horse's diet;
- * Improving ventilation if the horse must be stalled; and
- * Administering oral or inhaled corticosteroids and bronchodilators.

Of course, it's important to consult a veterinarian if you think your aging horse might be having breathing problems.

Excerpt from "Keeping Seniors with Heaves Breathing Easy" by Erica Larson, News Editor, thehorse.com

<http://cs.thehorse.com/blogs/old-horses-better-with-age/archive/2014/05/27/keeping-seniors-with-heaves-breathing-easy.aspx#sthash.jmCrLyKY.dpuf>

Other helpful articles from thehorse.com regarding equine heaves:

"A Fresh Look at Heaves" found at : <http://www.thehorse.com/articles/35175/a-fresh-look-at-heaves>

"Managing Seniors with Heaves" found at: <http://www.thehorse.com/articles/33996/managing-seniors-with-heaves>

Deworming Adult Horses

We know that anthelmintic (or dewormer) resistance in equine internal parasites – meaning the drugs we use are becoming ineffective against the parasites they're designed to control – is changing the way researchers and veterinarians recommend that we deworm our horses. "But what are the odds that I'll have this problem on my little farm," you wonder. According to recent study results, the odds are pretty good: They suggest that some commercially available dewormers – fenbendazole, oxbendazole, and pyrantel pamoate – showed poor efficacy on the majority of farms sampled during the project.

In the study, nearly 1,000 horses from 67 farms in the mid-Atlantic region of the United States received one of four different deworming products. At the same time a fecal sample was collected for analysis for parasite eggs. The horses with strongyle fecal egg counts totaling over 200 eggs per gram were retreated with fenbendazole, oxbendazole, or pyrantel pamoate. Of those horses, only 6%, 21%, and 43%, respectively, showed fecal egg count reductions greater than 90%. "On the majority of farms sampled, these three products performed poorly," said study author Meagan A. Smith, DVM, Dipl. ABVP, staff veterinarian for the University of Pennsylvania's School of Veterinary Medicine's Field Service.

Currently, ivermectin and moxidectin – two macrocyclic lactone medications – still offer good control against small strongyles. "Their continued efficacy is significant because so far they are the only available dewormers for horses that still have consistently good activity against strongyles," she said.

To reduce the development of additional resistance in intestinal parasites, horse owners need to embrace a different approach to deworming, she said. Researchers agree that selective therapy is a more sustainable approach to parasite control. Rather than administering rotational or daily deworming doses, selective therapy focuses on less frequent dosing based on fecal egg count results.

Fortunately, implementing selective therapy on your farm is easy:

- * Ask your veterinarian to perform fecal egg counts to identify high shedders.
- * Use the fecal egg count reductions tests to determine which dewormers are effective against small strongyles on your farm. Use only products that show a 90% or greater reduction in fecal strongyle egg counts 10 to 14 days after the horse is dewormed.
- * Deworm high shedders at least four times per year. Deworm all other horses twice per year, typically in the spring and again in the fall.

"Selective therapy will also lead to a dramatic reduction in unnecessary medicating of horses, as well as decreasing the money spent on dewormers annually," Smith said. The study, "Efficacy of major anthelmintics for reduction of fecal shedding of strongyle-type eggs in horses in the Mid-Atlantic region of the United States," was published in *Veterinary Parasitology*.

Mount Allison Tick Testing

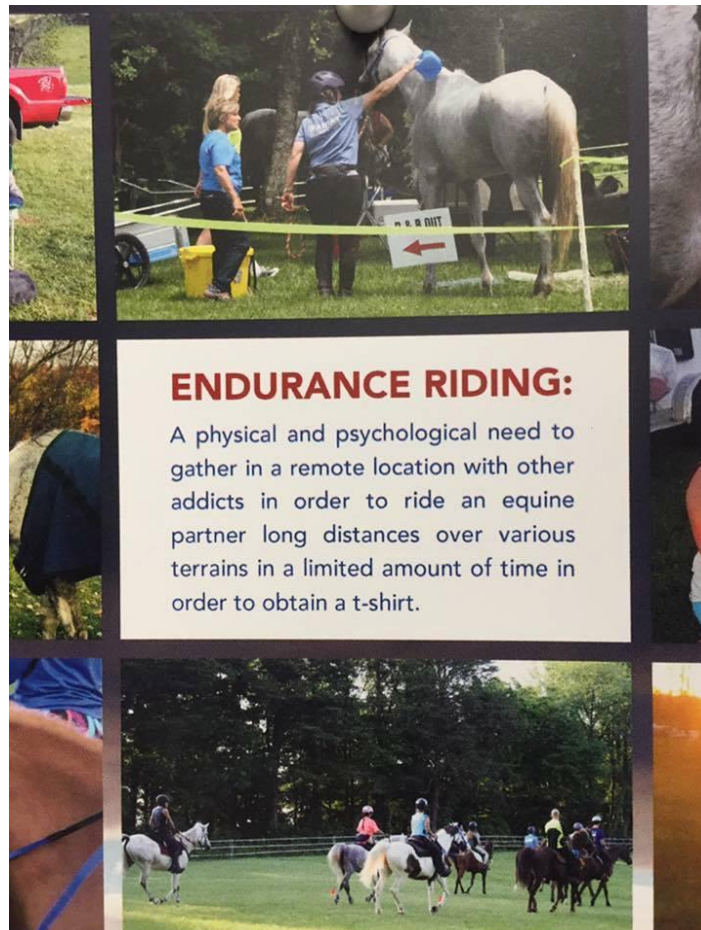
If you wish to send a tick in for testing:

* place the tick in a well-sealed plastic bag (zipper sealed bags are good)

* label it with the date, host animal, geographic area where the tick was encountered, and contact information for the donor

Mail the tick to: Dr. Vett Lloyd, Department of Biology Mount Allison University 35B York St. Sackville, NB, E4L 1G7 including the tick submission form is helpful. There is no charge for this testing. This is not a clinical test and the information is for research purposes only. The results of the test will be communicated to the tick donor or contributing veterinarian or physician. Contact information (e-mail/phone/fax) must be provided. The test results are generally available in four to eight weeks.

In New Brunswick, ticks found on humans can also be tested through Public Health. Your veterinarian or health care provider should be consulted to discuss any health implications of the results.





Congratulations!

April on completing 1000 AERC miles

Sylvia for completing 250 AERC miles

ACTRA 2016 BOARD OF DIRECTORS

Chairperson

Roy Drinnan
PO Box 14
Collingwood, NS
B0M 1P0
(902-)694-5014
chair@atlanticriders.ca

Secretary

Donna Lee Cole
98 Coburg Rd
Coburg, NB
E4M 1M7
(506)229-3769
dravencrook123@gmail.com

Treasurer

Pam Rustige
PO Box 280
Windsor, NS
B0N 2T0
members@atlanticriders.ca

Rules

Susan Hovey
8961 Rte 3, Old Ridge
St. Stephen, NB
E31 4W4
(506)466-2150
susanmhovey@gmail.com

Sanctioning

Donna Munn
249 Menzies Road
Midland, NB
E5T 2N2
(506)839-2810
dunn@nbnet.nb.ca

Statistician

Jennifer McDonald
2020 Rte 705
McDonalds Pt, Wickham, NB
E5T 4A1
(506)485-5659
jennmcdonald@xplornet.ca

Public Relations

Rene Mersereau
PO Box 14
Collingwood, NS
B0M 1P0
(902)694-5014
pr@atlanticriders.ca

Vice Chairperson

Bev Elliott
931 Newtonville Rd
RR # 1 Wolfville, NS
B4N 2R1
(902)542-9586
mtndodge@gmail.com

Newsletter

Carrilee Eddy
5892 Hwy 215
RR 1 Newport, NS
B0N 2A0
(902)790-0091
newsletter@atlanticriders.ca

ATLANTIC CANADA TRAIL RIDING ASSOCIATION MEMBERSHIP FORM

NAME: _____ :

ADDRESS: _____ :

TELEPHONE: _____ EMAIL: _____ :

JUNIOR OR OTHER RIDERS IN THE FAMILY

NAME: _____ BIRTHDATE: _____ :

NAME: _____ BIRTHDATE: _____ :

I WISH TO REGISTER THE FOLLOWING MOUNT WITH ACTRA (LIFETIME MOUNT REGISTRATION FEE \$25)

REG NAME: _____ **BARN NAME:** _____ :

BREED _____ **AGE:** _____ **MARE GELDING STALLION (PLEASE CIRCLE)**

BREED REGISTRY INFORMATION: _____ :

MEMBERSHIP DUES: INDIVIDUAL \$20.00 - FAMILY \$30.00 - MOUNT REGISTRATION \$25.00

PLEASE SEND MEMBERSHIP FORM OR FACSIMILE TO: members@atlanticriders.ca

WOULD YOU PREFER YOUR NEWSLETTER BY EMAIL ____ OR BY MAIL ____ ?

TOTAL MEMBERSHIP DUES: _____ @ \$20.00 OR _____ @ \$30.00 OR/AND _____ @ \$25.00

TOTAL FEES SUBMITTED = _____.